

Wiltshire Council

Cabinet

15 March 2016

Subject: Mental Health and Wellbeing Strategy and Implementation Plan Update

**Cabinet member: Councillor Keith Humphries
Public Health, Protection Services, Adult Care and Housing**

Key Decision: No

Executive Summary

This Cabinet report updates members on progress on the Mental Health and Wellbeing Strategy Implementation Plan and provides the summary document for review.

Proposals

That Cabinet:

- Review the summary implementation plan and approve its publication to sit alongside the Mental Health and Wellbeing Strategy which has already been published.
- Agree that the Mental Health and Wellbeing Partnership Board will monitor progress against the implementation plan and approve developments and additions to deliver on the outcomes between now and 2021, reporting into the Health and Wellbeing Board annually on progress.

Reason for Proposal

To update Cabinet on the progress with the implementation plan and to gain agreement that future updates can be developed and approved by the Mental Health and Wellbeing Partnership Board.

**Maggie Rae
Corporate Director**

Wiltshire Council

Cabinet

15 March 2016

Subject: **Mental Health and Wellbeing Strategy and Implementation Plan Update**

Cabinet member: **Councillor Keith Humphries
Public Health, Protection Services, Adult Care and Housing**

Key Decision: **No**

Purpose of Report

1. This Cabinet report updates members on progress against the Mental Health and Wellbeing Strategy Implementation Plan and provides the current document for review. The strategy (Appendix A) provides the strategic direction for Wiltshire Council and NHS Wiltshire Clinical Commissioning Group (CCG) in promoting mental health and wellbeing and supporting people with mental health problems and their carers over the next 7 years. The summary Implementation Plan (Appendix B) gives an overview of the priority actions as well as identifying strategic measures and targets.
2. The report additionally updates members on progress with the establishment of a Partnership Board to monitor progress against the aims of the strategy.

Relevance to the Council's Business Plan

3. The Wiltshire Mental Health and Wellbeing Strategy aims to ensure that people are able to live well across their lifetime achieving and sustaining good mental health. The strategy also meets the Business Plan outcomes of:
 - a. Wiltshire has inclusive communities where everyone can achieve their potential
 - b. People in Wiltshire have healthy, active and high quality lives
 - c. People are as protected from harm as possible and feel safe.

Background

4. The Mental Health and Wellbeing Strategy provides the strategic direction for Wiltshire Council and NHS Wiltshire Clinical Commissioning Group (CCG) in promoting mental health and wellbeing and supporting people with mental health problems and their carers over the next 7 years.
5. The aim of the strategy is to create environments and communities that will keep people well across their lifetime, achieving and sustaining good mental health and wellbeing for all. It is a high level vision document designed to

enable development of commissioning and implementation plans which will address the key priority areas and which contribute to achievement of the strategy's overall aim.

6. Following development of the strategy, the Mental Health Joint Commissioning Board developed an implementation plan to deliver on the outcomes as well as a Joint Commissioning Intentions statement to outline the services to be commissioned during 2015/16 (this is currently being updated for 2016/17). The implementation plan identified the key actions over the first 2 years of the strategy, some of which are already in progress. This plan is designed to evolve during the life of the strategy to reflect changes in need and priority and therefore it will be subject to change as required.
7. The Strategy, Commissioning Intentions Statement and a draft implementation plan were considered by Cabinet on 19th May 2015. The Strategy was approved for publication and Cabinet additionally approved a request to establish a Partnership Board to oversee progress against the Strategy. Cabinet requested that the action plan be further developed and returned to a future meeting for further consideration.

Main considerations for the Council

8. Since approval of the strategy, a multi-agency partnership board has been established to drive and monitor progress against the implementation plan and the impact this is having on the achievement of the strategy aims overall.
9. This Board met for the first time on 14th December 2015. This meeting consisted of a core group of members and considered proposed terms of reference for the group including future membership for the group, and the structure to enable service user and carer engagement. The terms of reference will be agreed electronically prior to the next meeting in April when a proposal for service user engagement will be tabled. An extended list of partners to be included on the Board was also agreed.
10. The membership of the meeting also reviewed the implementation plan to:
 - assess progress against those actions which are already underway
 - consider outcomes measures and milestones which will be monitored regularly to understand whether our actions are having the intended impact.
 - prioritise actions that have not yet commenced and agree timelines for these.
11. A summary document has been produced to capture the outcomes, priority action and lead authority and this is attached at Appendix B.

Overview & Scrutiny Engagement

12. A briefing on the Strategy and the mechanisms for delivering against it was produced for Health Scrutiny on 5 May 2015 and updates on progress will be provided as required.

Safeguarding Implications

13. Safeguarding is a key priority for Wiltshire Council and NHS Wiltshire CCG, both in terms of the services that they deliver and commission and this applies equally to the Wiltshire Mental Health Strategy and its implementation. It is acknowledged that people with mental health difficulties can be at greater risk of being victims of crime or abuse, self-neglect and poor and undignified care, given that they often lack capacity and their situations can give rise to increased risk of exploitation, e.g. financial, and stress within care givers, if they are not in receipt of appropriate support and training.
14. Wiltshire Council and NHS Wiltshire CCG and the organisations that they commission have in place safeguarding policies, procedures and workforce development plans to ensure that safeguarding is and continues to be a key priority.
15. There is a specific section in the Mental Health and Wellbeing Strategy detailing how we will ensure that our safeguarding arrangements are maintained and improved.

Public Health Implications

16. The public consultation on the Wiltshire Mental Health and Wellbeing Strategy helps to ensure that the population continues to be included in decision-making processes regarding their health and wellbeing. The inclusion of service users and people living with mental illness and their carers in the steering group arrangements additionally promote this approach.
17. Poor mental health can have a devastating impact on the quality of life for individuals their families and carers as well as a significant impact on the national economy. It has links to poverty and exclusion, unemployment, crime, chronic illness and anti-social behaviour. People with a mental health issue are more likely to die prematurely and to develop physical health issues. The national strategy for mental health, No Health without Mental Health: A cross-government mental health outcomes strategy for people of all ages (DH 2011), shows why tackling mental illness and promoting mental wellbeing is essential not only for individuals and their families but to society as a whole. Public Health staff will continue to work closely with Adult Social Care and NHS staff to develop and deliver this strategy, with a number of healthy living schemes already in place to assist in reducing the risk of developing mental health issues.
18. The outcomes of this strategy should help to reduce health inequalities and improve healthy life expectancy for the whole population of Wiltshire as well as people with mental health issues and their carers, and also may help to reduce the future prevalence. The Wiltshire Mental Health and Wellbeing Strategy is thus consistent and coherent with the aims of the Wiltshire Health and Well Being Strategy.

Procurement Implications

19. The implementation plan and the Joint Commissioning Intentions statement will, by their nature, involve procurement of services during the lifetime of the Strategy. The services identified will be procured in association with corporate procurement regulations and in liaison with the corporate procurement teams from both organisations.

Equalities Impact of the Proposal (detailing conclusions identified from Equality Analysis, sections 4 and 5)

20. The strategy aims to ensure services will be delivered with due regard to Equalities legislation and that people with mental illness will have equitable access to services according to need. The Equality Analysis for the Strategy identified that more work is required to obtain and analyse equalities related data to help us to understand the both the distribution of mental ill health and who is/is not accessing services in Wiltshire. This has been included as an action in the implementation plan. The additional insight that could be gained from such information would help us to ensure that the services we are providing are indeed accessible to all. Without this data and understanding, there is a risk that services are not being accessed by certain minority or geographical groups

Environmental and Climate Change Considerations

21. The strategy and its implementation plan have no direct environmental or climate change considerations. However one of the key elements in maintaining wellbeing is access to the natural environment and the strategy identifies the importance of optimising the promotion and use of our natural environment in order to improve the overall wellbeing of our population

Risk Assessment

Risks that may arise if the proposed decision and related work is not taken

22. If the implementation plan does not go forward, we will not be able to deliver on the aims and outcomes set out in the Mental Health and Wellbeing Strategy.

Risks that may arise if the proposed decision is taken and actions that will be taken to manage these risks

23. The risks that arise from this implementation plan will be managed through the risk management processes that are already in existence for the CCG and the Council.

24. The implementation plan provides clarity about what will be delivered through the strategy and this will be enhanced through a continuing programme of engagement with the general public, customers and partner organisations which will allow for priorities and progress to be communicated.

25. The Mental Health and Wellbeing Partnership Board have taken ownership of the implementation plan and will regularly monitor and update on progress.

Financial Implications

26. There are no immediate financial implications of the Mental Health and Wellbeing Strategy implementation plan. The intentions outlined in this and the Joint Commissioning Intentions statement are being funded from current budget allocations.
27. The focus is on utilising existing resources differently and there are no intended increases in overall budget as a result. It is however, acknowledged that the key areas for development identified within the strategy may require some re-alignment of budget across organisations, particularly over the longer-term, to enable better cross-agency working. Key decisions with resourcing implications will be brought back for consideration as necessary.

Legal Implications

28. Although no direct legal implications have been identified in relation to the proposal, it will be important take into account and consider, on an ongoing basis, the duties and responsibilities under the Care Act 2014 which came into force on 1 April 2015. These include duties to:
- Promote wellbeing
 - Prevent, reduce or delay needs
 - Establish and maintain systems for provision of information and advice
 - Facilitate and shape the market in the commissioning of adult care
 - Manage provider failure and other service interruptions
 - Implement new assessment and eligibility criteria
 - Provide independent advocacy

Much of the action in the implementation plan will inherently contribute to meeting many of these duties with regard to mental health.

Options Considered

29. This is an update report therefore no other options were considered.

Frances Chinemana
Associate Director Public Health and Public Protection

Report Author: Karen Spence

Public Health Specialist.
karen.spence@wiltshire.gov.uk

15th March 2016

Background Papers

None

Appendices

Appendix A Mental Health and Wellbeing Strategy

Appendix B Delivering the Mental Health and Wellbeing Strategy (summary implementation plan)

.